

Positioning

Turn the patient onto one side and insert the sliding mat underneath him/her (fig. 1) so that he/she is lying half upon the SST Slide Large. Before starting the transfer, tilt the patient's body slightly so that his/her full weight is on the mat. It is helpful if you can place the SST Slide Large under a sheet or a draw-sheet, enabling a firmer grip and gentler handling (fig. 2).



1. Easy to position



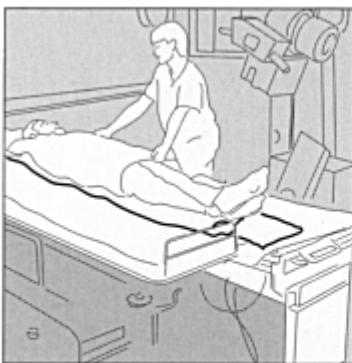
2. Easy to remove

Transfer

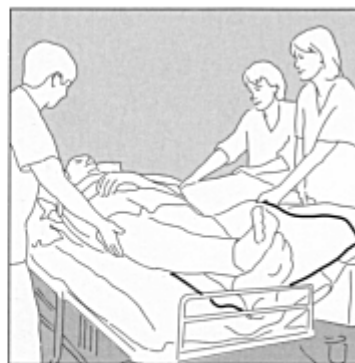
It is best to divide the transfer into several steps.

- Place SST Slide Large under the patient (fig. 3).
- Move the patient to the edge of the bed, making sure that he or she cannot fall off (fig. 3).
- Place the second bed/operating table/trolley, etc., alongside the bed (fig. 3).
- Perform the transfer (fig. 3 and 4).

If there is a difference in levels (fig. 4), pillows or blankets may be placed under the mattress at the edge of the lower surface to create an inclined plane and allow a gentle transition.



3. A uniform-level transfer, with an overlapping draw sheet around the patient



4. Differing levels between transfer surfaces

Turning in bed

SST Slide Large is convenient for turning a patient in bed. It reduces the friction, even under the legs (fig. 5). **SST Slide** is at its best when the patient is positioned sideways prior to turning, and when correcting his/her posture after the transfer (fig. 6).



5. Moving a patient toward the wall in preparation for turning outward



6. Handling a heavy and passive patient who may be sensitive to pain